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C.A.R. Center Axis Re-Lock



LAW ENFORCEMENT C.B.E.S. FIREARMS TRAINING

This system is a new and powerful concept in Law Enforcement firearms training. Although a small word, its significance is *Stability*. For many years 'Shooters' from all fields, *Sport, Military, Law Enforcement, and Personal Protection Specialists* have been trained on the methodology of modern day firearms techniques. These have become known as : ***THE COMBAT TRIAD***.

The *Triad* elements have been described as : *Mind Set, Gun Handling, and Marksmanship*. In support of the triad, has been the balance of : *Power, Accuracy, and Speed*. In a *Law Enforcement* application all these elements need to come together, when dealing with a task, or a critical confrontation. The **C.A.R.** concepts bring together these elements in a new and unique manner. Now Operators may have to wear full N.B.C. *Hazmat* environment suits in live combat scenarios.



The C.A.R. system has been developed over a long period of time by CASTLE. Born from a true understanding of how our bodies work during combat crisis. The system was developed for true close quarter combat, and not a rehash of old techniques that the C.A.R. system is now replacing. This system simply "works."

The system offers the *Operator* a higher level of *Weapon Retention*, than existing techniques to date. These new concepts allow the *Operator* to achieve high degrees of movement, speed, and an enhanced *Shooting Platform*, giving additional speed and accuracy on demand during a *Crisis*. These actions are performed while wearing in excess of 100 lbs of equipment.

2.

The techniques utilized through this concept, are equally effective when using *small arms*, through to *long guns*. This is achieved by building on the Operator's *Harmonious Muscle placement* and *Natural Body* stance.



Pictures are shown with SWAT Operator wearing *Closed Air System* only. Note the shooting position does not interfere with full tactical vests, and breathing equipment. These techniques are *adaptable*, in that the *Operator* may adopt either *Small Arms* or *Long Guns* as the *primary weapon*. Opting for a transition to a *secondary weapon*, if the situation requires it.

From a side stance, note that the *Operator's* weapon does not extend out past his body silhouette. This allows integration from one mode of weapon to another, without changing body stance, or shooting positioning. *Once learned* these concepts will be a usable asset at all times & for all weapons.



This unique system was developed in Europe by the course Instructor Paul CASTLE. The system enhances weapon readiness, holster release, speed and accuracy, as never before.

The system simply works better than any other system previously available for Law Enforcement and Military Personnel.

Radical in appearance, once trained in the system it's sheer effectiveness is outstanding.

3.

The **C.A.R.** ©. 1995 (*Center Axis Relock*) introduces a ***Fundamental Change*** to firearms training. This new and revolutionary system surpasses in many ways, both the *Isosceles* & *Weaver* stances that have been taught over the last two decades.

In *Tactical Combat*, and *Hazardous Environment Critical Confrontation* scenarios, this system will *out perform* all main stream firearm techniques. It will improve shooting confidence in *Personnel* that have problems on the range, and has been proven to increase *Officer* shooting proficiency in combat.

The system combats any functional disability of the *Operator* due to CQB injuries. The system aids the reduction of *Body Stress*, and is totally integrated for weapons ranging from hand gun, sub gun, shotgun, through long guns. The system allows previously unobtainable levels of stability, weapon retention, physical confrontation. In addition to the ability to clear weapon malfunctions during *Critical Confrontation*. All while wearing full BIO - HAZMAT suits.

No other training technique available can achieve these results

The course syllabus includes :

- ◇ Lawful *Use of Force* applications.
- ◇ Weapon presentation.
- ◇ Weapon progression.
- ◇ Drawn weapon retention.
- ◇ Loading, re-loading, and *crisis* malfunction procedures.
- ◇ Tactical movement, and room entries.
- ◇ Single hand combat and retention techniques.
- ◇ Confined space conflicts.
- ◇ Weapons usage within hazardous environments.
- ◇ Low light *crisis* engagement.
- ◇ Multiple confrontations.
- ◇ BDU clothing may be worn with body armor under the *Hazmat Suit*.
- ◇ 500 rounds of duty ammunition is required for the course.